



Milton Harvest Festival 5K Race

River Town Race Series Race

SPONSORED BY:

**Keystone Care Physical Therapies | Allen's True Value Hardware
WL Donehower Sporting Goods**



- Where:** Arch Street, Milton (in front of Community Banks)
- When:** Saturday, Sept 19, 2009; start time 9:30 AM; registration and packet pick-up from 7:30 to 9:00 at the Borough Building
- Course:** Flat & fast wheel measured 5K (3.1 miles)
- Records:** Jeff Miller 14:51.4 (1997); Susan Wallace 17:47 (1992)
- Registration:** REGISTER ONLINE: <http://www.miltonharvestfestival.org/5krace.shtml>
Online registration deadline: September 15.
- Entry Fee:** Pre-registration - \$12 w/ long sleeve T-shirt (received by Sept 11)
Race day-registration and registrations received after Sept 11 - \$15 w/ long sleeve T-shirt while supplies last; \$7.00 without T-shirt

Please make checks payable to: "Milton Harvest Festival Committee"

Send To: Robin Share, 217 Park Avenue, Milton, PA 17847

Questions? Contact Robin Share at (570) 742-4912.

Age Groups:

Men: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70+

Women: 14 & under, 15-19, 20-29, 30-39, 40-49, 50 & up

Awards:

To the first through third male and female finisher in all age groups.
First place overall Male & Female will receive a \$25 Gift Certificate from Donehower Sporting Goods.
First place Master Male & Female will receive a \$15 Gift Certificate to Donehower's.

No duplication of awards.

AFTER THE RACE ... showers can be taken at the YMCA, bottled water will be available for all participants and door prizes will be awarded.

***** Stay for the Street fair and the Harvest Festival Parade at 1:00 PM. *****

Name: _____ Shirt Size: S M L XL

Address: _____

Date of Birth: ___ / ___ / _____ Age: _____ Sex (circle): Male or Female

I hereby waive and release all rights and claims for damages that I may have against the Harvest Festival 5K to be held Saturday, Sept. 20, 2008, and the River Town Race Series; of any injuries suffered by me in that event. I attest and verify that I am an amateur and physically fit and have trained for this event.

Signed _____
Parent or Guardian if under 18